

For news or story ideas, contact City Editor Maureen Dolan at mdolan@cdapress.com or call 664-8176, Ext. 2005



**Hunting:**  
Upland game bird season about to begin

OUTDOORS/D1

ankind for the weather / C2

Calendar / C3  
TV Listing / C6

## Sherman block party is Sept. 18-19

Event will showcase what revitalization could look like along avenue

**COEUR d'ALENE** — The 1600 block of East Sherman Avenue will be temporarily transformed into a "Makers District" Sept. 18-19 and celebrated with a

block party event.

The free community celebration will include live music, food trucks, a beer garden, lawn games, interactive art projects and yoga classes. There will also be entertainment provided by the Sorensen Elementary School jugglers, a skateboard and BMX bike demo by the CDA SK8 PRK

demo team, breakdancing by Tangled Roots and more.

The hours are 4-9 p.m. on Friday, Sept. 18; and 11 a.m. to 9 p.m. on Saturday, Sept. 19.

The temporary transformation of the block will showcase what revitalization could look like along the corridor in a Makers District where local

businesses create their own goods and also create a walkable and bikeable neighborhood.

The road will be temporarily narrowed to demonstrate how it could accommodate an on-street bike lane, narrower travel lanes and more landscaping.

see SHERMAN, C4

## Career in coffee

Big Blue making happiness one cup at a time

By JAMIE SEDLMAYER  
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**COEUR d'ALENE** — Kootenai Health's Big Blue Coffee Co. is serious about coffee and the baristas who pull the shots.

Desi Freeman, the supervisor of the coffee stands at Kootenai Health, is one of only four baristas in Idaho with a certification in the coffee craft by



From left to right, Leisa Spence, Desi Freeman and Tarah Johnson prepare coffee drinks for customers Wednesday at Big Blue Coffee Co. at Kootenai Health in Coeur d'Alene. As the manager of Big Blue, Freeman is currently one of four barista guild level one certified baristas in Idaho, a certification given by Specialty Coffee Association of America.

JAKE PARRISH/Press

# Coeur d'Alene Rotary donates



Photo courtesy of Barb Smalley

warded St. Vincent de Paul North Idaho heavy duty vacuum and supplies for the program gives people a chance to regain self-respect. Pictured from left to right: Rotary president, and Kary Tallman and of St. Vincent de Paul North Idaho.

ENT DE PAUL  
**PARIS**  
Maison de Couture  
"Fashion House"

ST. VINNY'S 3RD ANNUAL  
**FASHION SHOW**  
Friday, October 16

The Coeur d'Alene Resort  
Doors Open at 5:30pm Show Starts at 7:00pm  
Dress, music, drawings and lots of fun!

Outfits and fashion accessories are from St. Vincent de Paul's thrift stores and are modeled by local celebrities & friends.  
Some outfits will be sold to the highest bidder!

Table for eight - \$300 Individual ticket - \$40

## SHERMAN

from C1

Other temporary changes will include faux building facades, cafe seating, decorations, lighting, parklets, and pop-up businesses that could be located there.

The event is part of the

planning effort to revitalize the city's eastern gateway, according to Hilary Anderson, the city's community planning director.

The Makers District theme, a pocket park with bocce ball, shade trees, more landscaping and on-street bike lanes were top responses from the 2015 East Sherman survey and

town hall meetings.

Volunteers are needed to help set up, clean up and provide entertainment at the event.

Contact the Coeur d'Alene Association of Realtors at (208) 667-0664 to volunteer. The association is organizing the event along with the city of Coeur d'Alene.

## TRIBE

from C1

in overall funding for the arts as its primary motivator.

Locally, the Tribe's donations include the Coeur d'Alene School District, Gizmo, Coeur d'Alene Summer Theatre, the Post Falls Food Bank's Backpack Program, the United Way of Kootenai County's Ready for Kindergarten Program and many others.

This latest round of donations also marks

the fulfillment of the \$1 million pledge to the Salvation Army Kroc Center.

"Coeur d'Alene Tribal leadership made a commitment to education in 1992 when it volunteered to return 5 percent of its net gaming revenues to the financial support of education as part of its gaming compact with the state," the release states. "The Tribe is committed to fulfilling that promise each year and in the years since then, the Tribe's cumulative lifetime donations to education have

surpassed \$22.8 million."

The Coeur d'Alene Tribe is accepting applications for 2016 funding through Sept. 30, 2015. If you have any questions regarding the Tribe's education donations or would like to receive an application, please contact the Tribe's public relations director, Heather Keen at (208) 686-2023 or hkeen@cdatribe-nsn.gov.



Keen

## PATRICK

from C1

for Idahoans under 35, for high school and college students, and for males 10 to 14. More than 20 percent of Idaho children who die this way are under 14.

For perspective consider something everyone can relate to — cars. According to an 11-year study released in May 2013 by the Centers for Disease Control, more adults die by suicide than in car accidents. The biggest surge? Baby Boomers.

Think you're immune? We weren't. Many more families than you may think, perhaps silent but from all walks of life both loving and abusive, rich and poor, close and estranged, struggling and successful, blue collar and

or defines it.

So other than taking threats of self-harm and depressed comments seriously, what can one do? Never allow such a person to be alone in that despairing moment (suicides are rarely attempted with someone else present), and QPR — question, persuade, refer. Question the person about suicidal thoughts and feelings. Persuade them to accept help — from you in this moment by listening carefully without judgment or clichés, and from others with your assistance. Then refer to a professional, with assistance (and follow-up) perhaps in making the call or driving to the appointment, so it actually gets done, and they don't feel alone.

At minimum, please spread word of the suicide hotline (800) 272

community awareness and providing prevention training for individuals, law enforcement, emergency and health professionals, the nonprofit SPAN also provides support groups and other assistance.

We can also walk — "walk to remember one lost, and to save one still with us" — at SPAN North Idaho's seventh Annual Memorial Walk. The walk takes place this Sunday, Sept. 13, at 10 a.m. (check in at 9 a.m.) at O'Shay's Restaurant, 313 E. Coeur d'Alene Lake Drive. A lovely way to begin a day with a 3.8 mile walk on the Centennial Trail beside beautiful Lake Coeur d'Alene. For more information or to register, call Catherine Perusse at (208) 290-6161 or see Spanidaho.org.